

RELATIONSHIP REVIEW

If you could have everything you want in your relationship in the next six months, what would it look like?

Think about a time in your life when you felt satisfied in your relationship. Describe how it felt and what it looked like.

What things are stopping you from having this dream relationship?

What would having your ideal relationship do for you?

Rate your relationship



What is something about your relationship that bugs you? If it's not important, can you let go of it?

What are your "must haves" when it comes to a relationship?
(Trust, communication, honesty, etc.)
